Pre-Trade Checklist

Read the Story. Protect the Risk.

Tick setiap item dengan jujur. Jika market story belum clear, WAIT juga satu keputusan.

01 MINDSET

- [ ] Aku tenang dan bukan revenge trade.
- [ ] Aku tidak entry sebab FOMO.
- [ ] Aku tahu bila perlu berhenti hari ini.

02 T - E - M - P - O

- [ ] Territory: price dekat kawasan penting.
- [ ] Environment: structure market jelas.
- [ ] Momentum: buyer / seller control dikenal pasti.
- [ ] Price Reaction: confirmation sudah muncul.
- [ ] Opportunity: setup align atau WAIT.

03 TRADE GEOMETRY

- [ ] Direction, Entry, SL dan TP sudah ditanda.
- [ ] SL berada pada invalidation point yang logik.
- [ ] TP mempunyai ruang dan structure support.
- [ ] Minimum RR ikut plan trading aku.

04 RISK CONTROL

- [ ] Risk amount dikira daripada account balance.
- [ ] Lot size ikut jarak SL - bukan ikut feeling.
- [ ] Maximum loss masih dalam daily limit.
- [ ] Aku tidak akan alih SL untuk tambah risiko.

05 FINAL DECISION

My market story is clear:

☐ BUY ☐ SELL ☐ WAIT

No confirmation, no obligation. Screenshot plan sebelum execution.

PLAN SNAPSHOT

PAIR / SYMBOL	DIRECTION	TIMEFRAME
ENTRY	STOP LOSS	TAKE PROFIT

QUICK NOTES

Educational use only. Not financial advice or a trading signal. Trading involves risk of loss.